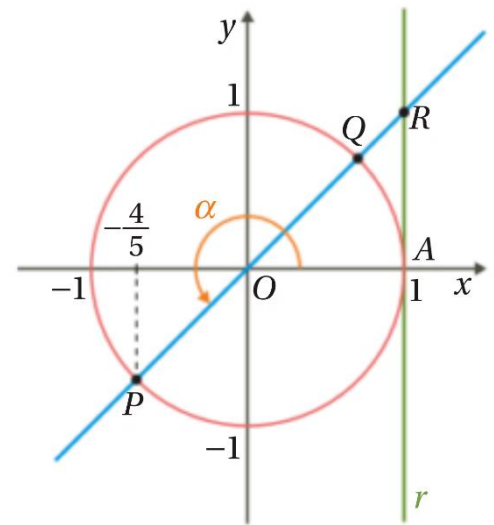


1. Na figura está representada a circunferência trigonométrica, num referencial o.n.  $Oxy$ .

Sabe-se que:

- o ponto  $A$  tem coordenadas  $(1,0)$ ;
- a reta  $r$  é tangente à circunferência no ponto  $A$ ;
- $[PQ]$  é um diâmetro da circunferência;
- o ponto  $R$  é a interseção da reta  $r$  com a reta  $PQ$ ;
- o ângulo  $AOP$ , designado por  $\alpha$ , pertence ao 3.º quadrante;
- o ponto  $P$  tem abcissa igual a  $-\frac{4}{5}$ .



Determine  $\text{sen}\alpha$  e  $\text{tan}\alpha$ .

Sabemos que  $P$  tem abcissa  $-\frac{4}{5}$ , logo  $\cos\alpha = -\frac{4}{5}$

$$\cos^2\alpha + \text{sen}^2\alpha = 1 \Leftrightarrow \left(-\frac{4}{5}\right)^2 + \text{sen}^2\alpha = 1 \Leftrightarrow \text{sen}^2\alpha = 1 - \frac{16}{25} \Leftrightarrow \text{sen}\alpha = \pm\sqrt{\frac{9}{25}} \Leftrightarrow \text{sen}\alpha = -\frac{3}{5}$$

$\alpha \in 3.^\circ\text{Q}$   
 $\text{sen}\alpha < 0$

$$\text{tan}\alpha = \frac{\text{sen}\alpha}{\cos\alpha} \Leftrightarrow \text{tan}\alpha = \frac{-\frac{3}{5}}{-\frac{4}{5}} \Leftrightarrow \text{tan}\alpha = \frac{3}{4}$$

2. Sabendo que  $\text{sen}\alpha = \frac{1}{5}$  e  $\alpha$  pertence ao 2.º quadrante, determine  $\cos\alpha$  e  $\text{tan}\alpha$ .

$$\text{sen}^2\alpha + \cos^2\alpha = 1 \Leftrightarrow \left(\frac{1}{5}\right)^2 + \cos^2\alpha = 1 \Leftrightarrow \cos^2\alpha = 1 - \frac{1}{25} \Leftrightarrow \cos\alpha = \pm\sqrt{\frac{24}{25}} \Leftrightarrow \cos\alpha = -\frac{\sqrt{24}}{5}$$

$\alpha \in \left] \frac{\pi}{2}, \pi \right[$   
 $\cos\alpha < 0$

$$\text{tan}\alpha = \frac{\text{sen}\alpha}{\cos\alpha} \Leftrightarrow \text{tan}\alpha = \frac{\frac{1}{5}}{-\frac{\sqrt{24}}{5}} \Leftrightarrow \text{tan}\alpha = -\frac{1}{\sqrt{24}} \Leftrightarrow \text{tan}\alpha = -\frac{\sqrt{6}}{12}$$

3. Sabendo que  $\tan \alpha = -\frac{3}{2}$  e  $\alpha$  pertence ao 4.º quadrante, determine  $\cos \alpha + \sin \alpha$ .

$$\tan^2 \alpha + 1 = \frac{1}{\cos^2 \alpha} \Leftrightarrow \left(-\frac{3}{2}\right)^2 + 1 = \frac{1}{\cos^2 \alpha} \Leftrightarrow \frac{9}{4} + 1 = \frac{1}{\cos^2 \alpha} \Leftrightarrow \frac{13}{4} = \frac{1}{\cos^2 \alpha} \Leftrightarrow \frac{4}{13} = \cos^2 \alpha \Leftrightarrow$$

$$\Leftrightarrow \cos \alpha = \pm \sqrt{\frac{4}{13}} \Leftrightarrow \cos \alpha = \frac{2}{\sqrt{13}} \Leftrightarrow \cos \alpha = \frac{2\sqrt{13}}{13}$$

$\alpha \in \left] \frac{3\pi}{2}, 2\pi \right[$   
 $\cos \alpha > 0$

$$\tan \alpha = \frac{\sin \alpha}{\cos \alpha} \Leftrightarrow -\frac{3}{2} = \frac{\sin \alpha}{\frac{2\sqrt{13}}{13}} \Leftrightarrow \sin \alpha = -\frac{3}{2} \times \frac{2\sqrt{13}}{13} \Leftrightarrow \sin \alpha = -\frac{3\sqrt{13}}{13}$$

$$\text{Assim, } \cos \alpha + \sin \alpha = \frac{2\sqrt{13}}{13} - \frac{3\sqrt{13}}{13} = -\frac{\sqrt{13}}{13}$$

4. Sabendo que  $\sin \alpha = -\frac{1}{3}$  e que  $\alpha \in \left] \pi, \frac{3\pi}{2} \right[$ , calcule o valor exato de  $\cos \alpha$  e de  $\tan \alpha$ .

$$\sin^2 \alpha + \cos^2 \alpha = 1 \Leftrightarrow \cos^2 \alpha = 1 - \left(-\frac{1}{3}\right)^2 \Leftrightarrow \cos^2 \alpha = \frac{8}{9}$$

$$\text{Como } \alpha \in 3.º \text{ Q.}, \text{ tem-se: } \cos \alpha = -\sqrt{\frac{8}{9}} = -\frac{2\sqrt{2}}{3}$$

$$\tan \alpha = \frac{-\frac{1}{3}}{-\frac{2\sqrt{2}}{3}} = \frac{1}{2\sqrt{2}} = \frac{\sqrt{2}}{4}$$

5. Prove as seguintes igualdades para  $\alpha$ , tal que  $\cos \alpha \neq 0$ ,  $\sin \alpha \neq 0$ ,  $\cos \beta \neq 0$  e  $\sin \beta \neq 0$ .

5.1.  $(\cos \beta - \sin \beta)^2 = 2 - (\cos \beta + \sin \beta)^2$

$$\begin{aligned} (\cos \beta - \sin \beta)^2 &= \cos^2 \beta - 2 \cos \beta \sin \beta + \sin^2 \beta = \\ &= (\cos^2 \beta + \sin^2 \beta) - 2 \cos \beta \sin \beta = 1 - 2 \cos \beta \sin \beta \\ &= 2 - (1 + 2 \cos \beta \sin \beta) = 2 - (\cos^2 \beta + 2 \cos \beta \sin \beta + \sin^2 \beta) \\ &= 2 - (\cos \beta + \sin \beta)^2 \end{aligned}$$

$$5.2. \frac{\cos^2 \alpha}{1 + \sin^2 \alpha} = 1 - \sin \alpha$$

$$\frac{\cos^2 \alpha}{1 + \sin \alpha} = \frac{1 - \sin^2 \alpha}{1 + \sin \alpha} = \frac{(1 - \sin \alpha)(1 + \sin \alpha)}{1 + \sin \alpha} = 1 - \sin \alpha$$

$$5.3. \tan \alpha + \frac{1}{\tan \alpha} = \frac{1}{\sin \alpha \times \cos \alpha}$$

$$\begin{aligned} \tan \alpha + \frac{1}{\tan \alpha} &= \frac{\sin \alpha}{\cos \alpha} + \frac{1}{\frac{\sin \alpha}{\cos \alpha}} = \frac{\sin \alpha}{\cos \alpha} + \frac{\cos \alpha}{\sin \alpha} = \frac{\sin^2 \alpha}{\cos \alpha \times \sin \alpha} + \frac{\cos^2 \alpha}{\sin \alpha \times \cos \alpha} = \\ &= \frac{\sin^2 \alpha + \cos^2 \alpha}{\sin \alpha \times \cos \alpha} = \frac{1}{\sin \alpha \times \cos \alpha} \quad \text{c.q.m.} \end{aligned}$$

$$5.4. \frac{\sin \beta}{1 + \cos \beta} = \frac{1 - \cos \beta}{\sin \beta}$$

$$\begin{aligned} \frac{\sin \beta}{1 + \cos \beta} &= \frac{\sin \beta (1 - \cos \beta)}{(1 + \cos \beta)(1 - \cos \beta)} = \frac{\sin \beta (1 - \cos \beta)}{1 - \cos^2 \beta} = \\ &= \frac{\sin \beta (1 - \cos \beta)}{\sin^2 \beta} = \frac{1 - \cos \beta}{\sin \beta} \end{aligned}$$

$$5.5. \frac{1 - \tan^2 \alpha}{1 + \tan^2 \alpha} + \sin^2 \alpha = \cos^2 \alpha$$

$$\begin{aligned} \frac{1 - \tan^2 \alpha}{1 + \tan^2 \alpha} + \sin^2 \alpha &= \frac{1 - \left(\frac{\sin \alpha}{\cos \alpha}\right)^2}{1 + \left(\frac{\sin \alpha}{\cos \alpha}\right)^2} + \sin^2 \alpha = \frac{1 - \frac{\sin^2 \alpha}{\cos^2 \alpha}}{1 + \frac{\sin^2 \alpha}{\cos^2 \alpha}} + \sin^2 \alpha = \frac{\frac{\cos^2 \alpha - \sin^2 \alpha}{\cancel{\cos^2 \alpha}}}{\frac{\cos^2 \alpha + \sin^2 \alpha}{\cancel{\cos^2 \alpha}}} + \sin^2 \alpha = \\ &= \frac{\cos^2 \alpha - \sin^2 \alpha}{1} + \sin^2 \alpha = \cos^2 \alpha \quad \text{c.q.m.} \end{aligned}$$

$$5.6. \sin \alpha \times \cos \alpha \times \left( \tan \alpha + \frac{1}{\tan \alpha} \right) = 1$$

$$\begin{aligned} \sin \alpha \times \cos \alpha \times \left( \tan \alpha + \frac{1}{\tan \alpha} \right) &= \sin \alpha \cos \alpha \left( \frac{\sin \alpha}{\cos \alpha} + \frac{1}{\frac{\sin \alpha}{\cos \alpha}} \right) = \sin \alpha \cos \alpha \left( \frac{\sin \alpha}{\cos \alpha} + \frac{\cos \alpha}{\sin \alpha} \right) = \\ &= \cancel{\sin \alpha \cos \alpha} \left( \frac{\sin^2 \alpha + \cos^2 \alpha}{\cancel{\sin \alpha \cos \alpha}} \right) = \sin^2 \alpha + \cos^2 \alpha = 1 \quad \text{c.q.m.} \end{aligned}$$

$$5.7. \left(2 - \frac{1}{\cos^2 \alpha}\right)(1 - \sin^2 \alpha) = 2\cos^2 \alpha - 1$$

$$\left(2 - \frac{1}{\cos^2 \alpha}\right)(1 - \sin^2 \alpha) = \left(\frac{2\cos^2 \alpha - 1}{\cos^2 \alpha}\right) \cancel{\cos^2 \alpha} = 2\cos^2 \alpha - 1 \quad \text{c.q.m.}$$

6. Sendo  $x$  um ângulo agudo, mostre que:

$$6.1. \frac{\cos^3 x - \cos x}{\sin^3 x - \sin x} = \tan x$$

$$\frac{\cos^3 x - \cos x}{\sin^3 x - \sin x} = \frac{\cos x(\cos^2 x - 1)}{\sin x(\sin^2 x - 1)} = \frac{\cancel{\cos x}(-\cancel{\sin^2 x})}{\cancel{\sin x}(-\cancel{\cos^2 x})} = \frac{\sin x}{\cos x} = \tan x \quad \text{c.q.m.}$$

$$6.2. \frac{\tan^2 x \times \cos x}{1 + \frac{1}{\tan^2 x}} = \tan x \times \sin^3 x$$

$$\begin{aligned} \frac{\tan^2 x \times \cos x}{1 + \frac{1}{\tan^2 x}} &= \frac{\frac{\cancel{\sin^2 x}}{\cancel{\cos^2 x}} \times \cancel{\cos x}}{1 + \frac{1}{\frac{\sin^2 x}{\cos^2 x}}} = \frac{\frac{\sin^2 x}{\cos x}}{1 + \frac{\cos^2 x}{\sin^2 x}} = \frac{\frac{\sin^2 x}{\cos x}}{\frac{\sin^2 x + \cos^2 x}{\sin^2 x}} = \frac{\frac{\sin^2 x}{\cos x}}{\frac{1}{\sin^2 x}} = \frac{\sin^4 x}{\cos x} = \\ &= \frac{\sin x}{\cos x} \times \sin^3 x = \tan x \times \sin^3 x \quad \text{c.q.m.} \end{aligned}$$

$$6.3. (\tan^3 x + \tan x) \cos^3 x = \sin x$$

$$\begin{aligned} (\tan^3 x + \tan x) \cos^3 x &= \left(\frac{\sin^3 x}{\cos^3 x} + \frac{\sin x}{\cos x}\right) \cos^3 x = \frac{\sin^3 x \times \cancel{\cos^3 x}}{\cancel{\cos^3 x}} + \frac{\sin x \times \cancel{\cos^2 x}}{\cancel{\cos x}} = \\ &= \sin^3 x + \sin x \cos^2 x = \sin x (\sin^2 x + \cos^2 x) = \sin x \quad \text{c.q.m.} \end{aligned}$$

$$6.4. \frac{\sin^4 x - \sin^2 x}{\frac{1}{\cos^2 x} - 1} + \cos^4 x = 0$$

$$\begin{aligned} \frac{\sin^4 x - \sin^2 x}{\frac{1}{\cos^2 x} - 1} + \cos^4 x &= \frac{\sin^2 x(\sin^2 x - 1)}{\frac{1 - \cos^2}{\cos^2 x}} + \cos^4 x = \frac{\sin^2 x(-\cos^2 x)}{\frac{\sin^2 x}{\cos^2 x}} + \cos^4 x = \\ &= \frac{-\cancel{\sin^2 x} \cos^4 x}{\cancel{\sin^2 x}} + \cos^4 x = -\cos^4 x + \cos^4 x = 0 \quad \text{c.q.m.} \end{aligned}$$

6.5.  $2 \operatorname{sen}^2 x \cos^2 x = 1 - \operatorname{sen}^4 x - \cos^4 x$

$$\begin{aligned} 1 - \operatorname{sen}^4 x - \cos^4 x &= 1 - (\operatorname{sen}^4 x + \cos^4 x) = \\ &= 1 - \left( \underbrace{\operatorname{sen}^4 x + 2 \operatorname{sen}^2 x \cos^2 x + \cos^4 x}_{(\operatorname{sen}^2 x + \cos^2 x)^2} - 2 \operatorname{sen}^2 x \cos^2 x \right) = \\ &= 1 - (\operatorname{sen}^2 x + \cos^2 x)^2 + 2 \operatorname{sen}^2 x \cos^2 x = 1 - 1^2 + 2 \operatorname{sen}^2 x \cos^2 x = \\ &= 2 \operatorname{sen}^2 x \cos^2 x \quad \text{c.q.m.} \end{aligned}$$

6.6.  $\frac{\operatorname{sen} x}{1 - \cos x} = \frac{1}{\operatorname{sen} x} + \frac{1}{\tan x}$

$$\begin{aligned} \frac{\operatorname{sen} x}{1 - \cos x} &= \frac{\operatorname{sen} x (1 + \cos x)}{(1 - \cos x)(1 + \cos x)} = \frac{\operatorname{sen} x (1 + \cos x)}{1 - \cos^2 x} = \frac{\cancel{\operatorname{sen} x} (1 + \cos x)}{\operatorname{sen}^2 x} = \frac{1 + \cos x}{\operatorname{sen} x} = \\ &= \frac{1}{\operatorname{sen} x} + \frac{\cos x}{\operatorname{sen} x} = \frac{1}{\operatorname{sen} x} + \frac{1}{\frac{\operatorname{sen} x}{\cos x}} = \frac{1}{\operatorname{sen} x} + \frac{1}{\tan x} \quad \text{c.q.m.} \end{aligned}$$

6.7.  $\cos^4 x - \operatorname{sen}^4 x = 1 - 2 \operatorname{sen}^2 x$

$$\begin{aligned} \cos^4 x - \operatorname{sen}^4 x &= (\cos^2 x)^2 - (\operatorname{sen}^2 x)^2 = \underbrace{(\cos^2 x + \operatorname{sen}^2 x)}_1 (\cos^2 x - \operatorname{sen}^2 x) = \\ &= 1 - \operatorname{sen}^2 x - \operatorname{sen}^2 x = 1 - 2 \operatorname{sen}^2 x \quad \text{c.q.m.} \end{aligned}$$

6.8.  $\frac{1}{\operatorname{sen}^2 x} - 1 = \frac{1}{\tan^2 x}$

$$\frac{1}{\operatorname{sen}^2 x} - 1 = \frac{1 - \operatorname{sen}^2 x}{\operatorname{sen}^2 x} = \frac{\cos^2 x}{\operatorname{sen}^2 x} = \frac{1}{\frac{\operatorname{sen}^2 x}{\cos^2 x}} = \frac{1}{\tan^2 x} \quad \text{c.q.m.}$$

6.9.  $\frac{1 - \operatorname{sen} x}{\cos x} + \frac{\cos x}{1 + \operatorname{sen} x} = \frac{2 \cos x}{1 + \operatorname{sen} x}$ , com  $\cos x \neq 0$  e  $\operatorname{sen} x \neq -1$

$$\begin{aligned} \frac{1 - \operatorname{sen} x}{\cos x} + \frac{\cos x}{1 + \operatorname{sen} x} &= \frac{(1 - \operatorname{sen} x)(1 + \operatorname{sen} x) + \cos^2 x}{\cos x (1 + \operatorname{sen} x)} = \frac{1 - \operatorname{sen}^2 x + \cos^2 x}{\cos x (1 + \operatorname{sen} x)} = \frac{\cos^2 x + \cos^2 x}{\cos x (1 + \operatorname{sen} x)} = \\ &= \frac{2 \cancel{\cos^2} x}{\cancel{\cos x} (1 + \operatorname{sen} x)} = \frac{2 \cos x}{1 + \operatorname{sen} x} \quad \text{c.q.m.} \end{aligned}$$

6.10.  $\operatorname{sen} x \tan x + \cos x = \frac{1}{\cos x}$ , com  $\cos x \neq 0$

$$\operatorname{sen} x \tan x + \cos x = \operatorname{sen} x \frac{\operatorname{sen} x}{\cos x} + \cos x = \frac{\operatorname{sen}^2 x + \cos^2 x}{\cos x} = \frac{1}{\cos x} \quad \text{c.q.m.}$$

6.11.  $(\sin x + \tan x)(1 - \cos x) = \frac{\sin^3 x}{\cos x}$ , com  $\cos x \neq 0$

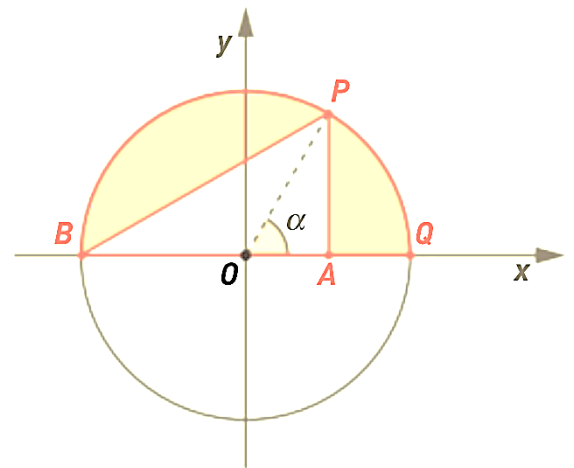
$$\begin{aligned} (\sin x + \tan x)(1 - \cos x) &= \sin x - \sin x \cos x + \tan x - \tan x \cos x = \\ &= \sin x - \sin x \cos x + \frac{\sin x}{\cos x} - \frac{\sin x}{\cos x} \cos x = \\ &= \frac{\sin x \cos x - \sin x \cos^2 x + \sin x - \sin x \cos x}{\cos x} = \\ &= \frac{-\sin x \cos^2 x + \sin x}{\cos x} = \frac{\sin x(-\cos^2 x + 1)}{\cos x} = \frac{\sin x \times \sin^2 x}{\cos x} = \\ &= \frac{\sin^3 x}{\cos x} \quad \text{c.q.m.} \end{aligned}$$

7. Na figura está representada, num referencial o.n.  $Oxy$ , uma semicircunferência de centro  $O$  e raio 1.

O ponto  $P$  move-se ao longo da semicircunferência, a partir do ponto  $Q$ , até  $B$ .

Sabe-se que:

- $\widehat{QOP} = \alpha$  radianos;
- o ponto  $A$  é a projeção ortogonal de  $P$  sobre o eixo  $Ox$ .



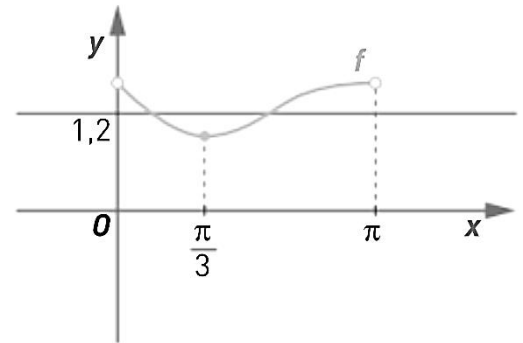
7.1. Determine a área colorida da figura para  $\alpha = \frac{\pi}{6}$ .

$$\begin{aligned} A_{\text{Colorida}} &= A_{\text{Semicircunferência}} - A_{[ABP]} = \frac{\pi \times 1^2}{2} - \frac{\left(1 - \cos \frac{\pi}{6}\right) \times \sin \frac{\pi}{6}}{2} = \frac{\pi}{2} - \frac{\left(1 + \frac{\sqrt{3}}{2}\right) \times \frac{1}{2}}{2} = \\ &= \frac{\pi}{2} - \frac{2 + \sqrt{3}}{4} = \frac{\pi}{2} - \frac{2 + \sqrt{3}}{8} = \frac{4\pi - 2 - \sqrt{3}}{8} \end{aligned}$$

7.2. Seja  $f$  a função que a cada valor de  $\alpha \in ]0, \pi[$  faz corresponder a área da zona colorida da figura e que se encontra representada no referencial da figura seguinte.

7.2.1. Mostre que  $f(\alpha) = \frac{\pi - \text{sen } \alpha - \text{sen } \alpha \cos \alpha}{2}$ .

$$\begin{aligned} f(\alpha) &= \frac{\pi \times 1^2}{2} - \frac{(1 - \cos \alpha) \times \text{sen } \alpha}{2} = \\ &= \frac{\pi}{2} - \frac{\text{sen } \alpha - \text{sen } \alpha \cos \alpha}{2} = \\ &= \frac{\pi - \text{sen } \alpha + \text{sen } \alpha \cos \alpha}{2} \quad \text{c.q.m.} \end{aligned}$$

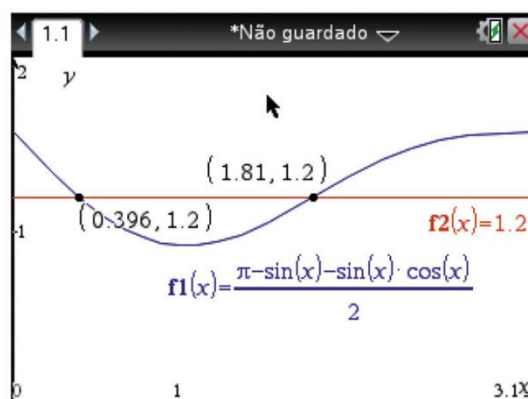
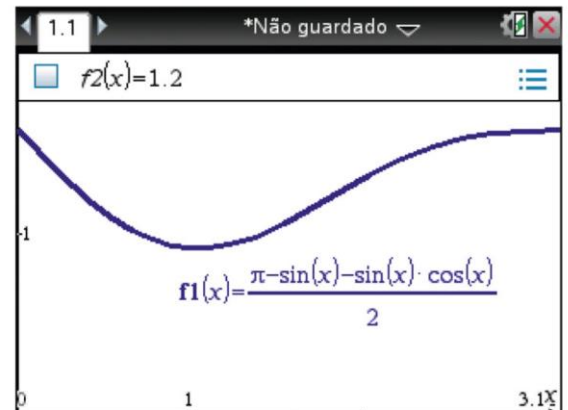
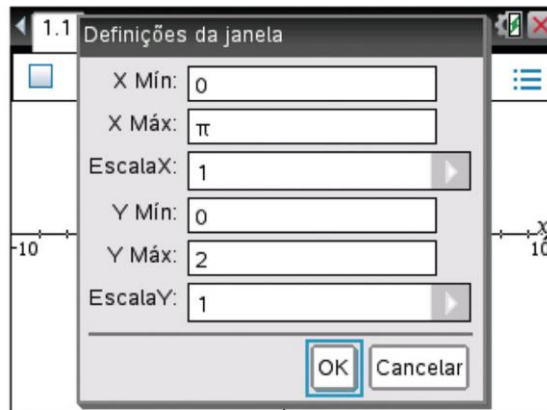


7.2.2. O ponto correspondente ao mínimo da função tem abcissa  $\frac{\pi}{3}$ .

Determine a ordenada e interprete as coordenadas desse ponto no contexto apresentado.

$$f\left(\frac{\pi}{3}\right) = \frac{\pi - \text{sen } \frac{\pi}{3} - \text{sen } \frac{\pi}{3} \cos \frac{\pi}{3}}{2} = \frac{\pi - \frac{\sqrt{3}}{2} - \frac{\sqrt{3}}{2} \times \frac{1}{2}}{2} = \frac{4\pi - 2\sqrt{3} - \sqrt{3}}{4} = \frac{4\pi - 3\sqrt{3}}{8}$$

7.2.3. Com recurso a uma calculadora gráfica, determine os valores aproximados às décimas das amplitudes de  $\alpha$ , em radianos, para os quais a área é de 1,2



Portanto,  $\alpha \approx 0,4$  rad ou  $\alpha \approx 1,8$  rad