

TRIGONOMETRIA – GENERALIZAÇÃO DA FÓRMULA FUNDAMENTAL

1. Sabendo que $\text{sen } \alpha = -\frac{1}{3}$ e que $\alpha \in]\pi, \frac{3\pi}{2}[$, calcula o valor exato de:

1.1. $\cos \alpha$

$$\sin^2 \alpha + \cos^2 \alpha = 1 \Leftrightarrow \cos^2 \alpha = 1 - \left(-\frac{1}{3}\right)^2 \Leftrightarrow \cos^2 \alpha = \frac{8}{9}$$

Como $\alpha \in 3.^\circ \text{ Q.}$, tem-se: $\cos \alpha = -\sqrt{\frac{8}{9}} = -\frac{2\sqrt{2}}{3}$

1.2. $\tan \alpha$

$$\tan \alpha = \frac{-\frac{1}{3}}{-\frac{2\sqrt{2}}{3}} = \frac{1}{2\sqrt{2}} = \frac{\sqrt{2}}{4}$$

2. Determina o valor exato de $\tan \alpha - \text{sen } \alpha$, sabendo que $\cos \alpha = -\frac{1}{4}$ e que $\alpha \in]\frac{\pi}{2}, \pi[$

$$\sin^2 \alpha + \cos^2 \alpha = 1 \Leftrightarrow \sin^2 \alpha = 1 - \left(-\frac{1}{4}\right)^2 \Leftrightarrow \sin^2 \alpha = \frac{15}{16}$$

Como $\alpha \in 2.^\circ \text{ Q.}$, tem-se: $\sin \alpha = \sqrt{\frac{15}{16}} = \frac{\sqrt{15}}{4}$

$$\tan \alpha = \frac{\frac{\sqrt{15}}{4}}{-\frac{1}{4}} = -\sqrt{15}$$

$$\tan \alpha - \sin \alpha = -\sqrt{15} - \frac{\sqrt{15}}{4} = -\frac{5\sqrt{15}}{4}$$



3. Mostra que sempre que as expressões têm significado, se tem:

3.1. $(\cos \beta - \sin \beta)^2 = 2 - (\cos \beta + \sin \beta)^2$

$$\begin{aligned}(\cos \beta - \sin \beta)^2 &= \cos^2 \beta - 2 \cos \beta \sin \beta + \sin^2 \beta = \\ &= (\cos^2 \beta + \sin^2 \beta) - 2 \cos \beta \sin \beta = 1 - 2 \cos \beta \sin \beta \\ &= 2 - (1 + 2 \cos \beta \sin \beta) = 2 - (\cos^2 \beta + 2 \cos \beta \sin \beta + \sin^2 \beta) \\ &= 2 - (\cos \beta + \sin \beta)^2\end{aligned}$$

3.2. $\frac{\cos^2 \alpha}{1 + \sin \alpha} = 1 - \sin \alpha$

$$\frac{\cos^2 \alpha}{1 + \sin \alpha} = \frac{1 - \sin^2 \alpha}{1 + \sin \alpha} = \frac{(1 - \sin \alpha)(1 + \sin \alpha)}{1 + \sin \alpha} = 1 - \sin \alpha$$

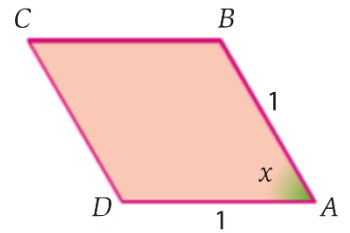
3.3. $\tan \theta + \frac{1}{\tan \theta} = \frac{1}{\sin \theta \times \cos \theta}$

$$\begin{aligned}\tan \theta + \frac{1}{\tan \theta} &= \frac{\sin \theta}{\cos \theta} + \frac{\cos \theta}{\sin \theta} = \frac{\sin^2 \theta + \cos^2 \theta}{\sin \theta \times \cos \theta} = \\ &= \frac{1}{\sin \theta \times \cos \theta}\end{aligned}$$

3.4. $\frac{\sin \beta}{1 + \cos \beta} = \frac{1 - \cos \beta}{\sin \beta}$

$$\begin{aligned}\frac{\sin \beta}{1 + \cos \beta} &= \frac{\sin \beta (1 - \cos \beta)}{(1 + \cos \beta)(1 - \cos \beta)} = \frac{\sin \beta (1 - \cos \beta)}{1 - \cos^2 \beta} = \\ &= \frac{\sin \beta (1 - \cos \beta)}{\sin^2 \beta} = \frac{1 - \cos \beta}{\sin \beta}\end{aligned}$$

4. O losango $[ABCD]$, representado na figura, tem lado unitário. O ângulo DAB tem amplitude de x radianos ($x \in]0, \pi[$).



4.1. Mostra que a área do losango é dada, em função de x , pela seguinte expressão analítica:

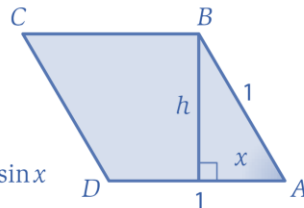
$$A(x) = \text{sen } x$$

Sugestão: Na determinação da área do losango, considera-o um paralelogramo.

$$A(x) = \overline{AD} \times h$$

$$\text{sen } x = \frac{h}{1} \Leftrightarrow h = \text{sen } x$$

$$A(x) = 1 \times \text{sen } x \Leftrightarrow A(x) = \text{sen } x$$



4.2. Considera $\overline{DB} = 2 - \sqrt{2}$

4.2.1 Determina $\cos x$

Consideremos parte do losango $[ABCD]$

$$\overline{DB} = 2 - \sqrt{2}$$

$$\cos x = \frac{i}{1} \Leftrightarrow \cos x = i$$

$$h = 1 - i \Leftrightarrow h = 1 - \cos x$$

$$\text{sen } x = \frac{g}{1} \Leftrightarrow \text{sen } x = g$$

Então, pelo Teorema de Pitágoras

$$\overline{DB}^2 = g^2 + h^2 \Leftrightarrow$$

$$\Leftrightarrow (2 - \sqrt{2})^2 = \text{sen}^2 x + (1 - \cos x)^2$$

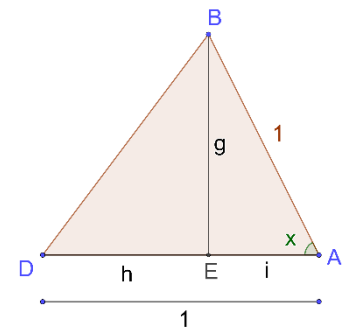
$$\Leftrightarrow 4 - 4\sqrt{2} + 2 = \text{sen}^2 x + 1 - 2 \cos x + \cos^2 x$$

$$\Leftrightarrow 6 - 4\sqrt{2} = \underbrace{\text{sen}^2 x + \cos^2 x}_{=1} + 1 - 2 \cos x$$

$$\Leftrightarrow 6 - 4\sqrt{2} = 1 + 1 - 2 \cos x$$

$$\Leftrightarrow 4 - 4\sqrt{2} = -2 \cos x$$

$$\Leftrightarrow \cos x = 2\sqrt{2} - 2$$



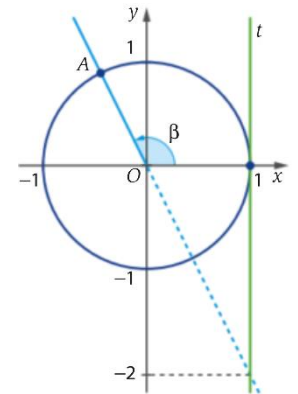
$$\text{sen}^2 x + \cos^2 x = 1$$

4.2.2 Calcula o valor exato da área do losango.

$$\begin{aligned} \sin^2 x + \cos^2 x = 1 &\Leftrightarrow \sin^2 x = 1 - (-2 + 2\sqrt{2})^2 \Leftrightarrow \\ &\Leftrightarrow \sin^2 x = -11 + 8\sqrt{2} \Leftrightarrow_{x \in]0, \pi[} \sin x = \sqrt{-11 + 8\sqrt{2}} \end{aligned}$$

5. Na figura ao lado estão representados, num referencial o.n. do plano:

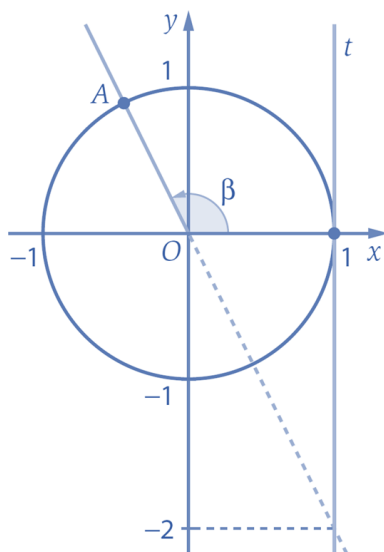
- a circunferência trigonométrica;
- um ângulo, de amplitude β , que tem por lado origem o semieixo positivo das abcissas e por outro lado extremidade a semirreta \hat{OA} ;
- a reta t , de equação $x = 1$



Determina o valor exato da expressão

$$\cos^2 \beta - \tan \beta - \sin \beta$$

A reta OA intersesta o eixo das tangentes no ponto deste eixo de ordenada -2 , pelo que $\tan \beta = -2$.



$$\tan^2 \beta + 1 = \frac{1}{\cos^2 \beta} \Leftrightarrow (-2)^2 + 1 = \frac{1}{\cos^2 \beta} \Leftrightarrow \cos^2 \beta = \frac{1}{5}$$

$$\sin^2 \beta + \cos^2 \beta = 1 \Leftrightarrow \sin^2 \beta = 1 - \frac{1}{5} \Leftrightarrow \sin^2 \beta = \frac{4}{5}$$

$$\text{Como } \beta \in 2.^\circ Q, \text{ tem-se: } \sin \beta = \sqrt{\frac{4}{5}} = \frac{2}{\sqrt{5}} = \frac{2\sqrt{5}}{5}$$

Concluindo:

$$\cos^2 \beta - \tan \beta - \sin \beta = \frac{1}{5} - (-2) - \frac{2\sqrt{5}}{5} = \frac{11 - 2\sqrt{5}}{5}$$

6. Mostra que, no seu domínio, são universais as seguintes condições:

6.1. $(1 - \sin \alpha)(1 + \sin \alpha) = \cos^2 \alpha$

$$(1 - \sin \alpha)(1 + \sin \alpha) = 1 - \sin^2 \alpha = 1 - (1 - \cos^2 \alpha) = \cos^2 \alpha$$

6.2. $\frac{1}{\cos^2 \beta} - \cos^2 \beta = \sin^2 \beta \left(\frac{1}{\cos^2 \beta} + 1 \right)$

$$\begin{aligned} \sin^2 \beta \left(\frac{1}{\cos^2 \beta} + 1 \right) &= \frac{\sin^2 \beta}{\cos^2 \beta} + \sin^2 \beta = \tan^2 \beta + \sin^2 \beta = \\ &= \frac{1}{\cos^2 \beta} - 1 + \sin^2 \beta = \frac{1}{\cos^2 \beta} - \cos^2 \beta \end{aligned}$$

Alternativamente, podemos fazer:

$$\begin{aligned} \frac{1}{\cos^2 \beta} - \cos^2 \beta &= \frac{\sin^2 \beta + \cos^2 \beta}{\cos^2 \beta} - \cos^2 \beta = \frac{\sin^2 \beta}{\cos^2 \beta} + 1 - \cos^2 \beta = \frac{\sin^2 \beta}{\cos^2 \beta} + \sin^2 \beta + \cos^2 \beta - \cos^2 \beta = \\ &= \sin^2 \beta \left(\frac{1}{\cos^2 \beta} + 1 \right) \end{aligned}$$